REFERENCES

- Agnivesh, (1987), Charaka Samhita, Published by chaukhambha Bharati academy, Varanasi 14th edition, Chikitsa Sthan – 29, p – 119 to 120.

- Argy W.P., (1934), 'Arthritis: Treatment with Sulphur by intravenous and intramuscular Injection', The Journal of Bone & Joint Surgery, vol. 16(4), p – 909 to 913.

- Arora R.B., Taneja V., Sharma R.C., et al., (1972) 'Anti-inflammatory studies on a crystalline steroid isolated from *Commiphora mukul*.', Indian Journal of Medicinal Research, vol. 60(6), 929 to 931.

- Banergee S., Bandyopadhyay S.K., et. al. (1991), 'Further studies on the anti inflammatory activities of *Ricinus communis* in albino rats.' Indian Journal of Pharmacology, Vol. 22 (3), p - 149 to 152.

- Bansal R., Dr. Bansal M., Dr. Desai K., (2009) 'Pathophysiology of Common Diseases', Birla publications pvt. Ltd., 1st edition, Chapter-17, p - 432 to 445.

- Bernard I., Comore M. D., (1939), 'Sulphur Therapy In Arthritis: With a Review of the Literature, Medicine', vol. 18(2), p – 203 to 205.

- Chopra A., (1999), 'Ayurvedic medicine and arthritis', Rheumatic Disease Clinics of North America, vol. 26(1), p – 133 to 144.

- Franzotti E.M, Santos C.V.F, Rodrigues H.M.S.L, Mourão R.H.V, Andrade M.R, Antoniolli A.R, (2000), 'Anti-inflammatory, analgesic activity and acute toxicity of *Sida cordifolia* L. (Malva-branca)', Journal of Ethnopharmacology, vol.72(1–2), p – 273 to 277.

- Dr. Gupta M., (2010), 'Therapeutic Uses of the Polyherbal Drug Triphala In Geriatric Diseases', International Journal of Pharma and Bio Sciences, vol.1(2), p – 1 to 13.

- Jain A., Choubey S., Singour P.K., Rajak H. and Pawar R.S., (2011), '*Sida cordifolia* (Linn) – An overview', Journal of Applied Pharmaceutical Science, vol. 01(2), p - 23 to 31.

- Kanth V.R., Diwan P.V., (1999), 'Analgesic, antiinflammatory and hypoglycaemic activities of *Sida cordifolia*.', Phytotherapy Research, vol.13(1), p – 75 to 77.

- Lee S.I., Hyun P.M., Kim S.H., Kim K.S., Lee S.K., Kim B.S., Maeng P.J., Lim J.S., (2005), 'Suppression of the onset and progression of collagen-induced arthritis by chebulagic acid screened from a natural product library.', Arthritis Rheumatology, vol. 52(1), p – 345 to 353.

- Medhi B, Kishore K, Singh U, Seth SD., (2009), 'Comparative clinical trial of castor oil and Diclofenac sodium in patients with osteoarthritis.', Phytotherapy Research, vol. 23(10), p – 1469 to 1473.

- Meena A K, Sachan A., Kaur R., Pal B., M. M. Rao, Singh B. and Mishra S. K., (2010), 'Quality Assessment of Different Variants of Yogaraj Guggulu.', International Journal of Pharmaceutical Quality Assurance; vol. 2(2), p – 35 to 37.

- Mishra L. C., (2003), 'Rheumatoid arthritis, Osteoarthritis and Gout', Scientific basis for Ayurvedic therapies, CRC press, 1st Indian reprint, p - 167 to 183.

- Nair V., Singh S., Gupta Y.K., (2010), 'Anti-arthritic and disease modifying activity of *Terminalia chebula* Retz. in experimental models.', Journal of Pharm Pharmacol. vol. 62(12), p – 1801 to 1806.

- Patwardhan S. K., Bodas K. S., Gundewar S. S., (2010), 'Coping with Arthritis usings Herbal options.', International Journal of Pharmacy and Pharmaceutical Sciences, vol. 2(1), p – 1 to 11.

- Dr. Rajpal B., Dr. Gupta A., Dr. Bansal M., Dr. Desai K., (2009), 'Textbook of Pathophysiology' Vol II, 1st Edition, Birla Publications pvt. Ltd., Chapter-5, p - 91 to 104.

- Rao V. N., Shankar T., Dixit S.K. and Ray A.B., (1996), 'Standardisation of Ksheerabala Taila', Ancient Science of life, Vol. 17, p – 21 to 25.

- Ras rasayan kalp, (1966), 'Simhnad guggul', Bhaishaj samhita, Prakran 1, p – 517.

- Ras rasayan kalp, (1966), 'Kshir bala tail', Bhaishaj samhita, Prakran 1, p – 630.

- Rasool M., Sabina E.P., (2007), 'Anti-inflammatory effect of the Indian Ayurvedic herbal formulation Triphala on adjuvant induced arthritis in mice', Phytotherapy Research, Vol.21(9), p – 889 to 894.

- Sabina E.P., Rasool M., (2007), 'Analgesic, antipyretic and ulcerogenic effects of Indian Ayurvedic Herbal formulation Triphala', Research Journal of Medicinal Plant, vol. 1(2), p – 54 to 59.

- Sabina E.P., Rasool M., (2008), 'An in vivo and in vitro potential of Indian ayurvedic herbal formulation Triphala on experimental gouty arthritis in mice', Vascular Pharmacology, Vol. 48(1), p – 14 to 20.

- Saini A.K., Goyal R., Gauttam V. K., Kalia A. N., (2010), 'Evaluation of anti-inflammatory potential of *Ricinus communis* Linn leaves extracts and its flavonoids content in Wistar rats.' Journal of Chem. Pharm. Res., 2010, vol. 2(5), p – 690 to 695.

- Shah MR, Mehta CS, Shukla VD, Dave AR, Bhatt NN, (2010), 'A Clinical study of Matra Vasti and an ayurvedic indigenous compound drug in the management of Sandhigatavata (Osteoarthritis).', Ayu., vol. 31(2), p – 210 to 217.

- Sharma J.N., Sharma J.N., (1977), 'Comparison of the anti-inflammatory activity of *Commiphora mukul* with those of phenylbutazone and ibuprofen in experimental arthritis induced by mycobacterial adjuvant.', *Arzneimittel forschung*, vol. 27(7), p – 1455 to 1457.

- Singh B.B., Mishra L.C., Vinjamury S.P., Aquilina N., Singh V.J., Shepard N., (2003), 'The effectiveness of Commiphora mukul for osteoarthritis of the knee: an outcomes study.', Alternative Therapy Health Medcines, vol. 9(3), p - 74 to 79.

- Sotnikova R., Ponist S., Navarova J., Mihalova D., Tomekova V., Strosova M., Bauerova K., (2009), 'Effects of sesame oil in the model of adjuvant arthritis.', Neuro Endocrinology Letter, vol. 30, Suppl 1, p – 22 to 24.

- Sushruta, (1993), Sushruta samhita, Published by chaukhambha Sanskrit sansthan, Varanasi, 8th edition, Chikitsa sthan – 15, p – 40 to 43.

- Sutradhar R. K., Rahman A. M., Ahmad M., Bachar S. C., Saha A. And Guha S.K., (2006), 'Bioactive Alkaloid From *Sida cordifolia* Linn. With Analgesic And Anti-Inflammatory Activities', Iranian Journal Of Pharmacology & Therapeutics, 1735-2657/52, p - 175-178.

- Sutradhar R.K., Rahman A.K.M.M., Ahmad M.U., Bachar S.C., (2008), 'Bioactive flavones of *Sida cordifolia*', Phytochemistry Letters, vol. 1, (4-12), p - 179 to 182.

- Sumantran V.N., Kulkarni A.A., Harsulkar A., Wele A., Koppikar S.J., Chandwaskar R., Gaire V., Dalvi M., Wagh U.V., (2007), 'Hyaluronidase and collagenase inhibitory activities of the herbal formulation Triphala guggulu.', Journal of Bioscience, vol.32(4), p – 755 to 61.

- The Ayurvedic Pharmacopoeia of India, (2007), 'Kshir baladi taila', Government Of India, Ministry of Health and Family Welfare Department Of Ayurveda, Yoga & Naturopathy, Unani, Siddha and Homoeopathy, New Delhi, Part - I (Formulations) vol.1, First Edition, P - 124 To 125.

- Tortora G., Derrickson B., (2010) 'Principles of Anatomy and Physiology', 11th edition, Wiley & sons Inc., Chapter-9, p - 285.

- Vaidhya Thakkar G. K., 'Sinhnad guggal', Vaidhak chikitsa saar, Poorvardh, The sindh ayurvedic pharmacy, Karachi and Mumbai-2, p – 158.

- Vagbhatt, (1992), 'Kshirbala Taila', Ashtanga Hridaya, Published by Chaukhambha Sanskrit Sansthan, Varanasi, 10th edition, Chikitsa sthan – 22, p – 45 to 46.

- Venkatesh S, Reddy Y. S. R., Suresh B., Reddy B. M., Ramesh M., (1999), 'Antinociceptive and anti-inflammatory activity of Sida rhomboidea leaves', Journal of Ethnopharmacology, vol. 67(2), p - 229 to 232.